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Second Doctoral Examination

Approved Draft Reading List for Review

Submitted: November 26, 2008

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ABSTRACT

This reading list reviews two bodies of work. The initial interrogation of the literature looked for proponents of behavior and thought control and opposition to it. The first topic examined is, "Mad Annals: Attempts at Reform and Abolition of Insane Asylums, State Hospitals, and Psychiatric Institutions, including their Systems and Practices in the Public Sector". The second topic is "Slavery, Racism, and the Black Power Movement". Both of these topics are prefaced with a selection of readings to introduce a) the way I look at their dimensionalized realities (Cohen, 1988/1975b) using the lens of "Environmental Psychology in Mental Institutions", and b) the frame of reference, or "Theoretical Frameworks" that are relied on to formulate the organization of materials found.

Harold Proshansky (1987) suggested that the survival of Environmental Psychology is dependent on bringing Environmental Psychology into other fields (pp. 1467-1468). In my attempt to do that, this work meets at the intersection of other disciplines in a dynamic manner, therefore, I am listing them alphabetically: Activism; Black Studies; Developmental Psychology; Disability Studies; Economics; History; Liberation Psychology; Social/Personality Psychology; Participatory Action Research; Politics; Psychiatry; Public Administration; Public Health; Women's Studies, and Youth Studies.

It is important to note that I understand this reading list is extraordinarily long and that within academia there is a hierarchy of valued materials. You will notice that some of the readings go beyond scholarly articles and books, encompassing government reports and materials published by community based organizations and individuals. For academics to truly engage in work that is participatory, they must give materials created by those they are investigating issues with the same legitimate weight as peer-reviewed materials. Hence, I have included nontraditional sources in this review of the literature.

As long as there has been oppression, there has been resistance. A woven history, these subjects share common threads of development, economics, education, emotion, identity, race, class, gender, sexuality, and spirituality. In this presentation of largely historical and qualitative readings selected, if oppression is the weft and resistance is the warp, economics is certainly the loom on which they are woven.

Presented here is a wealth of evidence on how frighteningly dangerous unchecked human nature can be on the physical and psychological environments in which our activity occurs (Vygotsky, 1978), along side the incredible spirit human beings have not only to survive, but to thrive (Hornstein, 2005; Webber, 1978).

I conclude this abstract with what I hope will be of particular interest to the PhD Program in Environmental Psychology at the Graduate Center, CUNY. I have found extensive evidence on how and why utilizing the principles of environmental psychology can be of value to the modern day mental health system. A systems theory approach (Bronfenbrenner, 1979; 1977) contests neoliberal agendas which place responsibility on an individual as systems theory focuses on fixing fundamental flaws in the design, maintenance, and control of the physical and psychological environments in which we engage. Of particular interest to my future work is Bronfenbrenner's description of the transforming experiment on the macrosystem.

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- Bronfenbrenner, U. (1979). *The ecology of human development: experiments by nature and design*. Cambridge, MA: Harvard University Press.
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- Vygotsky, L. S. (1978). *Mind in society: the development of higher psychological processes*. Cambridge, MA: Harvard University Press.

Webber, T. L. (1978). *Deep like the rivers: Education in the slave quarter community 1831-1865*. New York: W.W. Norton & Company.

INTRODUCTION:

Environmental Psychology in Mental Institutions

Environmental Psychology is a field of study that came to be through investigations into mental institutions in the 1960s with the pioneering efforts and research of Harold Proshansky, William Ittleson, Leanne Rivlin, Maxine Wolfe and Architecture-Research-Construction, Inc.. Themes which emerged from the literature are a) social theory and environmental psychology of institutions; b) architecture, design, planning & change; c) ward atmosphere assessment; and d) children and psychiatric institutions.

a) social theory & environmental psychology of institutions

Architecture-Research-Construction, Inc. (1976). Behavioral change on ward 8: Physical elements and social interaction. *The Journal of Architectural Education*, 24(4), 26-29.

Burton, W. (1998 May). *Environmental psychology in a contemporary mental hospital: Total institutions revisited*. Unpublished doctoral dissertation, Environmental Psychology, Graduate Center, City University of New York.

Caplan, R.B. (1967). Tent treatment for the insane – An early form of milieu therapy. *Hospital and Community Psychiatry*, 18(5), 145-146.

Foucault, M. (1995). Panopticism. In *Discipline and punish: The birth of the prison*. (pp. 195-228) New York: Vintage Books.

Goffman, E. (1961). *Asylums: Essays on the social situations of mental patients and other inmates*. New York: Doubleday.

Heft, H. (2001). *Ecological psychology in context: James Gibson, Roger Barker, and the legacy of William James's radical empiricism*. Mahwah, New Jersey: Lawrence Erlbaum Associates, Publishers. pp. 235-325.

Ittleson, W. H., Proshansky, H. M., & Rivlin, L. G. (1970b). The environmental psychology of the psychiatric ward. In Proshansky, H.M., Ittleson, W.H., Rivlin, L.G. (Eds.). *Environmental psychology: Man and his physical setting*, p. 419-439. New York: Holt, Rinehart & Winston.

Rivlin, L. G. (1979). Institutionalization reconsidered. *Centerpoint: A Journal of Interdisciplinary Studies*, 3(2), 7-26.

b) architecture, design, planning & change

Architecture-Research-Construction, Inc. (1985). *Community group homes: An environmental approach*. New York: Nostrand Reinhold Company.

Architecture-Research-Construction, Inc. (1980). Effects of environmental changes on elderly residents' behavior. *Hospital and Community Psychiatry*, 31(10), 677-682.

Architecture-Research-Construction, Inc. (1975). *Places and settings: Handbook*. Ohio Department of Mental Health

Dykens, J. W., & Hyde, R. W., Orzack, L.H., York, R.H. (1964). *Strategies of mental hospital change*. Massachusetts: Department of Mental Health.

Edwards, J., & Hults, M. S. (1970). "Open" nursing stations on psychiatric wards. *Perspectives in Psychiatric Care*, 8(3), 209-217.

Gralnick, A. G. (Ed.). (1969). *The psychiatric hospital as a therapeutic instrument*. New York: Brunner/Mazel, Inc.

Gralnick, A. G. (Ed.). (1975). *Humanizing the psychiatric hospital*. New York: The Gralnick Foundation.

Gross, R. Yehuda, S. Zarhy, M. Zohar, J. (1998). Healing environments in psychiatric hospital design. *General Hospital Psychiatry*, 20, 108-114.

Ittleson, W. H., Proshansky, H. M., & Rivlin, L. G. (1970a). Bedroom size and social interaction of the psychiatric ward. *Environment and Behavior*, 2, 255-270.

Ittleson, W. H., Proshansky, H. M., & Rivlin, L. G. (1970c). A study of bedroom use of two psychiatric wards. *Hospital & Community Psychiatry*, 21(6), 177-180.

Rivlin, L. G., Proshansky, H. M., & Ittleson, W. H. (1969-1970). Changes in psychiatric ward design and patient behavior. *Transactions of the Bartlett Society*, 8, 7-32.

Sommer, R. (1969). *Personal space: The behavioral basis of design*. Englewood, New Jersey: Prentice Hall.

Spivack, M. (1984). Tanner, J. (Ed.). *Institutional settings in environmental design approach*. New York: Human Sciences Press.

Standing Committee of the Association of Medical Superintendents of American Institutions for the Insane. (May 21, 1851). (Chair: Thomas Kirkbride). Report on the Construction of hospitals for the insane. *Journal of Insanity*, 87, 74-76.

Topp, L. (2005). Otto Wagner and the Steinhof psychiatric hospital: Architecture as misunderstanding." *Art Bulletin*, 87(1): 130-156.

Yanni, C. (2007). *The architecture of madness: Insane asylums in the United States*. Minneapolis: Minnesota Press.

c) ward atmosphere assessment

Architecture-Research-Construction Inc. (1979). *Privacy, territory and participation: Projects for your environment*. Ohio: Ohio Department of Mental Health.

Cohen, J., & Struening, E. (1964). Opinions about mental illness: Hospital social atmosphere profiles and their relevance in effectiveness. *Journal of Consulting Psychology, 28(4)*, 291 - 298.

Ellsworth, R., & Maroney, R. (1972). Characteristics of psychiatric programs and their effects on patients adjustment. *Journal of Consulting and Clinical Psychology, 39(3)*, 436 - 447.

Kellam S. G., Goldberg S. C., Scholer N. R., Berman A., & Shmelzer J. L. (1967). Ward atmosphere and outcome of treatment of acute schizophrenia. *Journal of Psychiatric Research, 5, (2)*, 145 - 163.

King, J. A., & Smith, C. G. (1972). The treatment milieu and prediction of mental hospital effectiveness. *Journal of Health & Social Behavior, 13*, 180-194.

Moos, R., & Houts, P. (1968). Assessment of the social atmospheres of psychiatric wards. *Journal of Abnormal Psychology, 73, (6)*, 595 – 604.

d) children and psychiatric institutions

Rivlin, L. G., & Wolfe, M. (1972). The early history of a psychiatric hospital for children: Expectations and reality. *Environment and Behavior, 4*, 33-72.

Rivlin, L. G., & Wolfe, M. (1973). Age related differences in the use of space in a children's psychiatric hospital. In Preiser, W. (Ed.). *Environmental Design Research, Volume One*, pp 191-203. Stroudsburg, Pennsylvania: Dowden, Hutchinson, and Ross.

Rivlin, L. G., & Wolfe, M. (1985). *Institutional settings in children's lives*. New York: John Wiley & Sons.

Wofle, M., & Rivlin, L. G. (1972). Evolution of space utilization in a children's psychiatric hospital. In Mitchell, W. (Ed.) *Environmental Design: Research and Practice*, pp. 5-2-1 – 5-2-10. Los Angeles, California: University of California Press.

Wolfe, M. (1975). Room size, group size, and density: Behavior patterns in a children's psychiatric facility. *Environment and Behavior, 7*, 199-224.

Theoretical Frameworks

These readings should ground the reader in the multiple perspectives in which systems exist and offers ways to construct them, how people operate inside of them, and ways to evaluate them. Themes of this section are a) activism; b) power; c) method; d) a dialectical systems theory analysis of rules and resources in a forced life-space; and e) public administration in action.

a) activism

Alinsky, S. D. (1971). *Rules for radicals: A pragmatic primer for realistic radicals*. New York: Vintage Books.

Grant, G., & Riesman, D. (1978). The activist-radical impulse: The College for Human Services. In Grant, G., & Riesman, D. (1978). *The perpetual dream: Reform and experiment in the American college*. Chicago: University of Chicago Press, pp. 512-528.

b) power

Aristotle. Saunders, T. (Trans.). (1981). *The politics*. New York: Penguin Classics. (pp. 62-75).

Foucault, M. (1995). Panopticism. In *Discipline and Punish: The birth of the prison*. New York: Vintage Books. (pp. 195-228).

Playle, J.F. & Kleeley, P. (1998). Non-compliance and professional power. *Journal of Advanced Nursing*. 27, 304-311.

c) method

Audrey Cohen College. (1994). *Course Catalog. A purpose centered system of education*. New York: Audrey Cohen College.

Cohen, A. (1988/1975a). *The third alternative*. New York: College for Human Services.

Cohen, A. (1988/1975b). *The service society and a theory of learning linking education work life*. New York: Audrey Cohen College.

Lefebvre, H. (2004). *Rhythmanalysis: Space, time and everyday life*. London: Continuum.

Zerubavel, E. (2003) *Time Maps: Collective memory and the social shape of the past*. Chicago: The University of Chicago Press.

d) a dialectical systems theory analysis of rules and resources in a forced life-space

- Bronfenbrenner, U. (1977). Toward an experimental ecology of human development. *American Psychologist*, 32, 5-13.
- Bronfenbrenner, U. (1979). *The ecology of human development: experiments by nature and design*. Cambridge, MA: Harvard University Press.
- Giddens, A. (1984). *The constitution of society: Outline of the theory of structuration*. Berkeley, California: University of California Press.
- Lewin, K. (2008). *Resolving social conflicts & Field theory in social science*. Washington, DC: American Psychological Association.
- Lewin, K. (1946). Action research and minority problems. *Journal of Social Issues*, 2, 34-46.
- Lewin, K. (1943). Defining the field at a given time. *Psychological Review*, 50, 292-310.
- Lewin, K. (1935). *A dynamic theory of personality – selected papers*. Ninth Impression. New York: McGraw Hill Company.
- Minkowitz, T. (2007). The United Nations convention on the rights of persons with disabilities and the right to be free from nonconsensual psychiatric interventions, *Syracuse Journal of International Law and Commerce*, 34, 405-426. Retrieved on October 14, 2008, from <http://psychrights.org/Countries/UN/TMinkowitzOnNonconsensualPsychInterventions.pdf>
- Sen, A. (1999). *Development as freedom*. New York: Random House
- Vygotsky, L. S. (1978). *Mind in society: the development of higher psychological processes*. Cambridge, MA: Harvard University Press.

e) public administration in action

- Brager, G., & Holloway, S. (1978). *Changing human service organizations: Politics and practice*. New York: The Free Press.
- Harrison, M. I. (1994). *Diagnosing organizations: Methods, models, and processes. Second edition. Applied Social Research Methods Series, Volume 8*. Thousand Oaks, CA: Sage Publications.
- Lauffer, A. (1984). *Understanding your social agency. Second edition*. Newbury Park, CA: Sage Publications.

TOPIC ONE:

Attempts at Reform and Abolition of Insane Asylums, State Hospitals, and Psychiatric Institutions, their Systems, and Practices in the Public Sector.

The thematic scheme of these readings works to address eleven subject areas. They are: A) historical inquiry of 19th century lunatic and insane asylums; B) the ongoing debates between (insanity/alienist) psychiatry, (lunatics liberation, anti-asylum) anti-psychiatry, and psychology: diagnosis & practice; C) a contested movement; D) user and survivor input into policy and planning; E) ourstories of commitment; F) analysis of ourstories; G) alternatives to traditional psychiatric services; H) social construction of assigned identity and stage models; I) the revolution and struggle for the liberation of a people; J) the capabilities approach; and K) liberation psychology. Each of these subject areas will be prefaced to their accompanying reading lists.

A. Historical Inquiry Of 19th Century Lunatic And Insane Asylums

Some of this inquiry is the result of actual archival work at the New York State Archives, the Utica Public Library, The Libraries at Hamilton College, and the Oneida County Historical Society as well as multiple historical academic and user and survivor historical accounts of experiences in the asylum, mental hygiene, psychiatric, and mental health systems. Themes of historical inquiry are a) overarching histories; b) place; c) practice; d) public administration; e) culture; and f) women.

a) overarching histories

- Foucault, M. (1965). *Madness and civilization: A history of insanity in the age of reason.* New York: Vintage Books.
- Grob, G. N. (1994). *The mad among us: A history of the care of America's mentally ill.* New York: The Free Press.
- Grob, G. N. (1978). *Edward Jarvis and the medical world of nineteenth-century America.* Knoxville: University of Tennessee Press
- Porter, R. (2002). *Madness A brief history.* New York: Oxford University Press.
- Scull, A. (2005). *Madhouse: A tragic tale of megalomania and modern medicine.* New Haven, CT: Yale University Press.
- Whitaker, R. (2002). *Mad in America: bad science, bad medicine and the enduring treatment of the mentally ill.* Cambridge, MA: Perseus Books.

b) place

- Beam, A. (2001). *Gracefully insane: Life and death inside America's premier mental hospital*. New York: Public Affairs.
- Franklin, B. (2002). Hospital – heritage – home: Reconstructing the nineteenth century lunatic asylum. *Housing, Theory & Society*, 19(3/4): 170-184.
- Hudson-Rodd, N. & Farrell, G. A. (1998). The Round House Gaol: Western Australia's first lunatic asylum. *Australian & New Zealand Journal of Mental Health Nursing*, 7(4): 152-163.
- Morrall, P., & Hazelton, M. (2000). Architecture signifying social control: The restoration of asylumdom in mental health care? *Australian & New Zealand Journal of Mental Health Nursing*, 9(2): 89-96.
- Sitton, S. C. (1999). *Life at the Texas state lunatic asylum, 1857-1947*. College Station, TX: Texas A & M University Press.

c) practice

- Brimblecombe, N. (2005). Asylum nursing in the UK at the end of the Victorian era: Hill End Asylum." *Journal of Psychiatric & Mental Health Nursing*, 12(1): 57-63.
- Bynum, B. (2000). Discarded diagnoses: Drapetomania. *The Lancet*, 356. (4), 1615.
- Cooper, R. (2007). *Psychiatry and philosophy of science*. Ithaca: McGill-Queen's University Press.
- Dwyer, E. (1988). Civil commitment laws in nineteenth-century New York." *Behavioral Sciences & the Law*, 6(1): 79-98.
- Foucault, M. (2006). *Psychiatric power: Lectures at the College de France, 1973-1974*. New York: Palgrave MacMillan.
- Haller, B., & Larsen, R. (2005). Persuading sanity: Magic lantern images and the nineteenth-century moral treatment in America. *Journal of American Culture*, 28(3): 259-272.
- Hunter, J. M., & Shannon, G. W. (1985). Jarvis revisited: Distance decay in service areas of mid-19th century asylums. *Professional Geographer*, 37(3): 296-302.
- Luchins, A. S. (2001). The rise and decline of the American asylum movement in the 19th century. *The Journal of Psychology*, 122(5): 471-486.
- Luchins, A. S. (1989). Moral treatment in asylums and general hospitals in 19th-century America. *Journal of Psychology*, 123(6): 585-608.

- Mills, J. (2000). The mad and the past: Retrospective diagnosis, post-coloniality, discourse analysis and the asylum archive." *Journal of Medical Humanities* 21(3): 141-158.
- Murphy, E. (2001). The Mad-house keepers of East London. *History Today*, 51(9): 29-36.
- Nolan, P. W. (1993). A history of the training of asylum nurses. *Journal of Advanced Nursing*, 18(8): 1193-1201.
- O'Brien, A. J., & McAllister, M. M. (2001). Cure, comfort and safe custody: Public lunatic asylums in early nineteenth-century England. *Australian & New Zealand Journal of Mental Health Nursing*, 10(3): 195-197.
- Piddock, S. (2004). Possibilities and realities: South Australia's asylums in the 19th century. *Australasian Psychiatry*, 12(2) 172-175.
- Symonds, B. (1995). The origins of insane asylums in England during the 19th century: a brief sociological review. *Journal of Advanced Nursing*, 22(1): 94-100.
- Weiner, D. B. (1979). The apprenticeship of Philippe Pinel: A new document, observations of Citizen Pussin on the Insane. *American Journal of Psychiatry*, 136, 1128-1134.

d) public administration

- Asylum Manager Logs*. (1851-1860). Utica State Lunatic Asylum, Utica: New York. Holdings at the Oneida County Historical Society, Utica: New York.
- Trattner, W. I. (1994). *From poor law to welfare state: A history of social welfare in America*. New York: The Free Press.

e) culture

- Eannace, M. (2001). *Lunatic Literature: New York State's The Opal (1851-1860)*. UMI
- Reiss, B. (2008). *Theaters of madness: Insane asylums and nineteenth-century American culture*. Chicago: University of Chicago Press.
- Reiss, B. (2004). Letters from Asylumia: The Opal and the cultural work of the lunatic asylum (1851-1860). *American Literary History*, 16(1), 1-28.

f) women

Geller, J., & Harris, M. (1994). *Women of the asylum*. New York: Doubleday.

Harris, L. (2003). Interview with Judi Chamberlin. *Off Our Backs*, 33, 43-47.

Muckenhaupt, M. (2003). *Dorothea Dix: Advocate for mental health care*. New York: Oxford University Press.

Norgren, J. (2007). *Belva Lockwood: The woman who would be president*. New York: New York University Press.

Shannonhouse, R. (2000). *Out of her mind: women writing on madness expanded edition*. New York: The Modern Library

The Opal. The Patients. (Eds.). (1851-1860). Selected Readings. Utica State Lunatic Asylum, Utica: New York. Holdings at the New York State Archives; Oneida County Public Library.

Wood, M. E. (1994). *The writing on the wall: Women's autobiography and the asylum*. Chicago, IL: University of Illinois Press.

B) The Ongoing debates between (insanity/alienist)Psychiatry, (lunatics liberation, anti-asylum) Anti-Psychiatry, and Psychology: Diagnosis & Practice

This section outlines the debates among the professions, highlighting the crisis Vygotsky warned of nearly a century ago. Themes are: a) psychology; b) psychiatry; c) anti-psychiatry; d) schizophrenia; and e) government reports.

a) psychology

- Baily, A. M. (1991/1932). *Esoteric psychology: Volume one*. Albany, NY: Fort Orange Press.
- Baily, A. M. (1995/1942). *Esoteric psychology: Volume two*. New York, NY: Lucis Publishing Company.
- Belcher, J. (1979). *Suicides*. New York: Basic Books, Inc.
- Campbell, J. (Ed.). Hull, R. F. C. (Trans.) (1971). *The portable Jung*. Kingsport, Tennessee: Penguin Books.
- Casteneda, C. (1993). *The art of dreaming*. New York: HarperCollins Publishers.
- Conger, J. P. (1988). *Jung and Reich: The body as shadow*. Berkley, CA: North Atlantic Books.
- Freud, S. (1961). *Beyond the pleasure principle*. New York: W.W. Norton & Company.
- Hillman, J., & Ventura, J. (1992), *We've had a hundred years of psychotherapy and the world is getting worse*. San Francisco, CA: HarperSanFrancisco.
- Jung, C. G. (1958/1957). *The undiscovered self*. New York: A Mentor Book from New American Library.
- Laing, R. D. (1990/1959). *The divided self: An existential study in sanity and madness*. USA: Penguin Books.
- Laing, R. D. (1967). *The politics of experience and the bird of paradise*. New York: Ballantine Books.
- Lewinsohn, P. M., Munox, R. F., Youngren, M. A., & Zeiss, A. M. (1986/1978). *Control your depression. Revised and updated*. New York: Prentice Hall Press.
- Morrison, A. P. (1989). *Shame: The underside of narcissism*. New Jersey: The Analytic Press.

Pellegrino, E. (1997). The Nazi doctors and Nuremberg: Some moral lessons revisited. *Annals of Internal Medicine*, 127(4), 307-308.

Reich, W. (Maheim, R. Trans). (1994). *Listen, little man!* New York: The Noonday Press

Seligman, M. E. P. (1992/1975). *Helplessness: On development, depression, and death*. New York: W. H. Freeman & Company.

Vygotsky, L. (1927). *The historical meaning of the crisis in psychology: A methodological investigation*. Retrieved on October 14, 2008, from <http://www.marxists.org/archive/vygotsky/works/crisis/index.htm>

Vygotsky, L. (1929). *The fundamental problems of defectology*. Retrieved on October 14, 2008, from <http://www.marxists.org/archive/vygotsky/works/1929/defectology/index.htm>.

b) psychiatry

Bentall, R. P. (2003). *Madness explained*. London: Allen Lane. Penguin Books.

Brimblecombe, N. R. (2005). The changing relationship between mental health nurses and psychiatrists in the United Kingdom. *Journal of Advanced Nursing*, 49(4): 344-353.

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C) A Contested Movement

This section highlights the struggle that the movement of people who are survivors of psychiatric atrocities has endured to even be recognized. It is based on an article by Riessman & Riessman (2006a) and Letters to the Editor of Psychiatric Services in response to it. It is framed within Chamberlin's (1990) authoritative work on the history of the modern ex-patient's movement and Emerick's (2006) exploration of semantics contextualize the dispute.

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D) User And Survivor Input Into Policy And Planning

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E) Ourstories Of Commitment

Compared to the larger fields of psychology and psychiatry, very little research focuses on the issues of concern to the Consumer, Survivor, and Ex-Patient Movements, and there is practically no focus on the consumer, recipient or peer industries. However, there are actually thousands of found accounts of these narratives (Hornstein, 2005), which serve as evidence of a consistent attempt throughout history made by people who are users or survivors of psychiatry striving to make change in the systems with which they were involved. .

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F) Analysis Of Ourstories

There have been a handful of academics and users-and-survivors-of-psychiatry-turned-academics that have analyzed the written or spoken words of people who were recipients of mental health services or survivors of psychiatric atrocities. This section offers an overview of their findings. An analysis of these works illustrates the Language Games that Participatory Action Research creates and presents deep issues for the theoretical underpinnings of psychological research and practice.

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G) Alternatives To Traditional Psychiatric Services

This section looks at some of the earliest models of patient controlled alternatives to psychiatry and recent established best practices of peer services. In addition, this section addresses participatory action research conducted by people with psychiatric histories with people with psychiatric histories as research partners.

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H) Social Construction Of Assigned Identity & Stage Models

The section focuses on the social construction of identity and how personal identity and group identity alter life experiences. Several five stage models of personal growth and development are explored.

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I) The Revolution & Struggle For The Liberation Of A People

People who are psychiatrically labeled are sometimes described as one of the last civil rights movements to come to fruition. In recent years, one of these movements, the Users and Survivors of Psychiatry Movement, has revived the language of a human rights movement (Declaration of Principles, 1982). Many of Ourstories describe experiences of being oppressed. Yet, many of these authors gathered up the muster to both write and tell of their experiences and find a way to have them published.

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K) Liberation Psychology

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TOPIC TWO

Slavery, Oppression, Racism, and the Black Power Movement

A) *Antebellum & Slavery*

This section reviews the decade prior to the Civil War. This is crucial to understand as it gives me insight into what was happening prior to the crisis peaking. This section discusses a) 19th century “science” as control; b) 19th century statistics as pro-slavery propaganda and the birth of the modern census; and c) slave narratives.

a) 19th century “science” as control

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b) 19th century statistics as pro-slavery propaganda & the birth of the modern census

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B) Contextualizing the mid-19th Century

This section was developed so that I would have a better understanding of the 19th century. It was important for me to look both pre and post-slavery to better understand the trajectory of change. Here I address mid-19th century a) law; b) education; c) culture, innovation & the Civil War; and d) Reconstruction.

a) law

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c) culture, innovation, & the Civil War

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d) Reconstruction

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C) Racism And Oppression In Alienist, Mental Hygiene, And Psychiatric Systems

There is a long history of racist practices in psychiatry. Admittedly, the language has changed significantly over the centuries, in public space, and the racism we find today is much more grounded in institutional practices and individual prejudices. This section reviews research linking psychiatry to racist practices in this country and beyond.

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D) 20th Century Science as “Treatment”

The first half of the 20th century presented significant ethical blunders in psychiatry including sterilization programs, Metrazol shock, Insulin shock, electroconvulsive treatment (ECT), occipital frontal lobotomy, psychiatric drugging, a host of aversive behavioral interventions, and psychological and pharmaceutical experimentation. The deep and shameful history of psychiatry and eugenics gives us great cause to both expose it for what it was and to ensure it never happens again. It is important to note that chemical, mechanical, and physical restraints, seclusion, skin shocks, forced psychopharmacological management, ECT, and lobotomy (psychosurgery) are not only currently sanctioned and minimally, if at all regulated, but promoted..

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E) Responses To and Analysis Of Racism And Discrimination

Reviewing the Black power movement, this section first looks at how some social movements organize themselves in a) movement matters to provide theoretical frameworks. A deep look at b) Black culture; c) Black power, d) Black Women, Feminists, and Black power, e) the Student Nonviolent Coordinating Committee; f) the Black Panther Party; g) Black identity; h) Comrades & Allies in other liberation movements; and i) Black studies ensues.

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c) Black power

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Joseph, P. (2008). Reinterpreting the black power movement. *OAH Magazine of History*, 22(3), 4,6.

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d) Black Women, Feminists, and Black power

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e) Student Nonviolent Coordinating Committee

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f) Black Panther Party

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g) Black identity

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